

7.2.1 Two best practices of the institution.

1. **Title of the Practice:** Women Empowerment through Employment and Entrepreneurship

Motto: Swavlamban / Skills for Self-Sustenance.

Objectives of the practice:

To organize workshops and short-term certificate courses for imparting different skills.

To organise industry visits and to provide industry specific training to students

To invite experts, reputed companies and agencies for training for job placement and campus recruitment

To make entrepreneurship and related skills training available to students

Context: Uma Arts and Nathiba Commerce Mahila College is though situated in the capital city of Gujarat - around 70% of girls come from the rural areas and many of them come from socially and economically underprivileged classes of the society. Many of them are first generation learners. This profile of our students makes it crucial for us to make them economically independent by providing industry-specific and entrepreneurship training and guidance for competitive examinations and the skills necessary to begin their own small-scale business from their home. Thus, the emphasis is on career, entrepreneurship and job-oriented skill development. Our college has established an Entrepreneurship and Skill Development Centre to help and motivate students to incline them towards self-employment, and to organise training programs and workshops related to various aspects of entrepreneurship. The Career Counselling and Placement Cell - UDISHA and the Entrepreneurship Development Cell and Finishing School and Job Placement Cell, SSIP, Innovation Club of the college offer and organise need-based industry specific training and Soft Skills training and short-term certificate courses of skill development so that students of rural areas can earn on their own by getting a proper job or by getting means of earning by employing these skills, so that they become self-sufficient and economically independent.

The Practice:

The college works at two levels in this area.

- 1) The external agencies are invited to conduct industry specific training, soft skills, communication skills to our students.
- 2) The Career counselling cell, Job Placement Cell and Entrepreneurship Development Cell organises short term add-on certificate courses and workshops. The curricula for courses are designed as per the guidance of experts to impart skills which are important to make students ready for self-employment.

Problems Encountered and Resources Required:

- Lack of motivation and thrust of getting skills required for placement
- Utmost care is needed while planning such programs as there is a possibility of getting the routine study schedule disturbed.
- Most of our students hail from rural areas and socially and economically deprived sections of the society. Very often their parents do not allow them to work in private company and industries. Students have desire for jobs and to start their own small business but very often lack motivation for hard work and sometimes their poor socio-economic conditions prevent them to do so. The Covid-19 pandemic also put restrictions on commutation and movement.
- In courses of Humanities, components of skill-acquisition are lacking in the prescribed curricula. Therefore, it becomes essential to start imparting the training from grass root level.

2. Title of the Practice: Women empowerment through Health and Hygiene Awareness Programmes

Motto: Aarogyam Param Bhagyam - Health is Wealth

Objectives:

- To make students aware of the importance of their personal health and hygiene and wellness.
- To invite experts from the Health and medical fields hold such programmes
- To arrange for the health check-up of all the first-year students and to provide medical counselling.
- To arrange programmes of environment awareness and cleanliness awareness the college and also in the adopted villages through extension activities.

Context: The Vision of our college is to attain social upliftment by empowering women through value-based education. One of the values of human life is to take utmost care of one's health and hygiene. Almost 70% of girls come from the rural areas are from poor socio-economic backgrounds and suffer from Anaemia and poor health. The college felt it necessary to empower such deprived girls by holding programmes of health and hygiene awareness. The college has Collegiate Women Development Committee and NSS unit which look after this activity all through the year. As many girls commute from nearby villages, there is a need to make them aware about the health hazards of Covid-19 and also to train them keep themselves and their family members safe. The CWDC and the NSS unit organise Lectures, workshops and training for the students of the college as well as for women of the adopted villages. During Covid 19 pandemic lockdown extreme care is taken to sanitize the premises, and college building. Thermal guns were used to check temperature of the person visiting the college, sanitization dispenser was placed, wearing of mask was made compulsory, social distancing was maintained by all the staff and students.

Problems Encountered and Resources Required: There is a possibility of getting the routine study schedule disturbed, hence utmost care is needed while planning such programs.

Most of our students' hail from rural areas and are from socially and economically deprived sections of the society. They faced two problems: that of having smart phones and internet connectivity. As a result, they faced difficulties in attending on-line activities. In addition to that, because of Covid-19 restrictions, there were limitations to arrange off-line activities.

List of Activities –

Date	Activity	Remark
21/06/2023	Calibration of International Yoga Day Number of Students: 195 Number of faculties: 30 Time: 8 A.M. to 10 A.M.	NSS Department
21/06/2023 ACT	Celebrating World Yoga Day Time:8:00 to 9:00am, College Campus NCC – 14 Cadets, 20 Staff	World Yoga Day N.C.C. Lt. Dr. Shruti Suthar
26/06/2023 to 31/07/2023	T.C.S. Training By TCS Co., Management Trainer – Dr.Reema Patel Room-2, 42 Students	T.C.S. Committee
03/07/2023	Celebration of Guru-Purnima All Staff & All Student, Sanskar Bhavan	Dept. of Sanskrit
03/07/2023 to 06/07/2023	Certificate Course - Basics of Financial Market Room -30, 116 Students, (Mr. Arun Chaubey) 1-faculty	Commerce Dept.
12/07/2023 to 27/07/2023	Certificate Course on Fundamentals of Insurance Sector Room -30, 64 Students, (Mr.Manoj Patra) 1-faculty	Commerce Dept.
17-07-2023 to 21-07- 2023	Training Youth Camp on Mock Vidhansabha. Organized by: Yuvak Vikas Trast,Ahmedabad Place: Sanskar Tirth,Anjol,Ta;Mansa. Number of Students: 05	NSS Department
21/07/2023	Sarva Netrutvs Shibir - 74, KSV, Kadi Gaam, 4 Students,	Dr. Ritaben Gandhi
24/07/2023 to 28/07/2023	Sahakar na Vargonu Ayojan, Organized by Gujarat Rajya Sahakari Mandali, (Ms.Vasantben Patel & Mr.J.B.Patel) Room.-9, 13 Students,	Economics Dept.
15-8-2023	Celebration of Independence Day, Dhvajvandan,Tiranga Gaurav Yatra,Panch Pran Pratignya Number of Students: 100 Time: 11 A.M. to 12 A.M	NSS Department
19/08/2023	Career Guidance By Bhumi Joshi & Zeel Vohra (Former Students) Room – 31, 49 Students, 2 Faculties	Dept. of Psychology
22/08/2023	Study Tour at Police Commissioner office, Gandhinagar by Jivan Astha Help Line, 57 Students, (2 Faculties)	Dept. of Psychology
24-08-2023 to 27-08- 2023	Creativiy Workshop on Photography & Videography. Organized by: Yuvak Vikas Trast,Ahmedabad. Place: Ahmedabad, Number of Students:- 07	NSS Department
31/08/2023 to 01/09/2023	Two Days Beautification Workshop (Yashashvi B. Rohit & Viralba A. Bihola) At – Lalitkala, Kadi Campus, 2 Students	C.W.D.C.
04/09/2023	ROJAGAR BHARATI MELO, College Campus, Room-1,2,4,8 &10	Job Placement Committee

06/09/2023	JIVAN ASHTA HELPLINE – SUICIDE AWARENESS PROG. Students:450, Sanskar Bhawan Hall	CWDC
06/09/2023	Rally for Suicide Prevention, JIVAN ASHTA HELPLINE – SUICIDE PREVENTION PROGRAM. Students: 450, Sanskar Bhawan Hall, Speaker-(1) Dr. Darshna Thakor, Gynaecologist, Surgeon & Motivational Speaker , (2) Members of Police Dept. Time:8am to 12noon	C.W.D.C. Asso. Prof. Falguni Patel
06/10/2023 To 10/10/2023	Sarva Netrutvs Shibir - 79, KSV, Kadi Gaam, 5 Students,	Dr. Ritaben Gandhi
09/03/2024	SVKM-CWDC-International Women’s Day Celebration for Women’s Faculties, Time : 8:00 to 3:00 Place : Sanskar Bhavan, All Female Faculties of SVKM	CWDC Asso. Prof. Falguni Patel
26/11/2023 to 05/12/2023	CATC Camp: 3, Student:9, NCC HQ, Near Law Garden, Ahmedabad, Organized by 1 Gujarat Girls BN,NCC Ahmedabad	Lt. Dr. Shruti Suthar N.C.C.
26/12/2023 To 04/01/2024	Mahendra & Co. – 9 Days Workshop-Nanadi Foundation- Hetal Parmar (Trainer) – Room :2 Students:30	Dr.Rita R.Gandhi
17-01-2024	Sanskritik Elocution Competition, Participated Students : 09 + Present Students - 74 Number of faculties: NSS PO Dr. Mukesh Gor, Experts/Judges: 1. Dr.Jyotiben Panchal 2.Dr. Varshaben Ninama Time: 10-45 to 11-45 A.M	NSS Department
10/02/2024	‘B’ Certificate Practical Exam, Time: 8:00 To 12:00, S.L.U Arts & H.P.Thakor Comm. College for Women, Ahmedabad. 15 Cadets	NCC Group of Ahmedabad
17/02/2024	‘C’ Certificate Practical Exam, Time: 8:00 To 12:00, NCCHQ, Near Law Garden, Ahmedabad.	NCC Group of Ahmedabad
06/03/2024	Participant in Job Fair – Govt Arts College, Gandhinagar	Hetal J.Raval
07/03/2024	Essay Compi - Womens Day - Room : 16, Students: Sem-4 & Sem-6	Dept. of Hindi
12/04/2024	Guest Lecture on Women’s Pregnancy Awareness Information – CWDC - Rasmiben Goswami & Nilam Rathva – Room No : 2, Students : 48 , Faculty:3, Time 8 to 11	CWDC Asso. Prof. Falguni Patel
13/04/2024	Setu Child Development Centre - Placement & Interview - Room No : 36- Students : 19	Dept. of Psychology